

**ACTIVITIES AT ST. PAUL'S UNITED CHURCH FOR October, 2019  
~ FOR INFORMATION ONLY!**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30-Tai-Chi 6:30-Sparks	2 10:00-Exercise	3 1 PM-Pastoral 5pm -Choir Prac. 7pm - Cantata	4 9:30 Tai Chi	5
6 <i>World wide Communion</i>	7 10:00-Exercise 1:00-UCW Exe. 1:00-AOTS Exe. 6:00 - Duty of Care 6:30PM-Guides 7:00- Yoga	8 900 – Property 9:30 – Tai Chi 10:30 – CD Mtg. 6:30-Sparks	9 10:00 -Exercise 6:30 Brownies 7:00-Yoga	10 10:30 Worship 5pm -Choir Prac. 7pm - Cantata	11 9:30-Tai Chi 1:00-Knitting Club	12
13 <i>Thanksgiving Service</i>	14 Office Closed NO Exercise 6:30-Guides NO Yoga	15 9:30 Tai Chi 6:30 Sparks 7:00 - Council	16 10:00-Exercise 11:00 – Book Club 6:30 Brownies 7:00 Yoga	17 5pm -Choir Prac. 7pm - Cantata	18 C.K. set-up → 9:30 – Tai Chi	19 Community Kitchen 10-12-MESSY Church
20 <i>AOTS Breakfast Breast Cancer Awareness Sunday</i>	21 Elections Canada 10:00 - Exercise 6:30- Guides 7:00 -Yoga	22 9:30- Tai Chi 6:30-Sparks	23 10:00-Exercise 6:30-Bownies 7:00-Yoga	24 5pm -Choir Prac. 7pm - Cantata	25 C.K. set-up → 9:30-Tai Chi 8:30-4 PM P.A.Day-	26 Community Kitchen 1-5 p.m. CPR Course
27 <i>Anniversary Sunday Potluck Laua Lunch</i>	28 10:00-Exercise 1:30 - UCW 1 & 6 meeting 6:30- Guides 7:00- Yoga	29 9:30 -Tai Chi 1PM Home Bound Communion 6:30- Sparks	30 10:00-Exercise 6:30-Brownies 7:00-Yoga	31 5pm -Choir Prac. 7pm - Cantata		